



The Creative Ebb & Flow

Whether you are up against writer's block or are facing a blank canvas, the "ebb and flow" of creative energies can be frustrating. We've gathered some titles and sites for you to explore at these times in the hopes that your energies will rejuvenate and carry you forth on a wave of creativity!

Creativity:

Living Artfully: Create the Life You Imagine. Sandra Magsamen. 158 MAG

Aha! 10 ways to free your creative spirit and find your great ideas. Jordan E. Ayan (LION)

The Demon and the Angel: Searching for the source of artistic inspiration. Edward Hirsch. 153.3 HIR

Rousing Creativity: think new now! Floyd Hurt. 153.35 HUR

A Creative Companion: how to free your creative spirit. Sark (LION)

The Creative Habit: Learn it and use it for life. Twyla Tharp. 153.3 THA

Writing:

Writing Personal Essays by Sheila Bender. 808.04 BEN

Writing Down the Bones by Natalie Goldberg. 808.02 GOL

Walking on Alligators by Susan Shaughnessy. 808.02 SHA

Deep Writing: 7 principles that bring writing to life. Eric Maisel. (LION)

Art:

The New Creative Artist by Nita Leland 701.15 LEL

Finding your visual voice. Dakota Mitchell. 751.4 MIT

Painter's Wild Workshop! by Lynn Loscutoff 751 LOS

Spirit taking form : making a spiritual practice of making art. Nancy Azara. 701.9 AZA

Painting from the Inside Out. Betsy Dillard Stroud. 751.4 STR

Paint Happy! Cristina Acosta. 751.4 ACO

The Artist's Way; Vein of Gold. Julia Cameron. 153.35 CAM

No More Secondhand Art: Awakening the artist within. Peter London. 701.15 LON

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